

the
Spa

CENTRAL COAST

ATASCADERO

In-Room Spa Services



In Room Spa Services

Swedish or Integrated Massage

Swedish - Long, fluid strokes are used to calm the body, settle the mind and restore lost energy. It's gentle, soothing and emphasizes relaxation.

Integrated - A combination of both luxury and deeper work are utilized to soothe muscles and release tension and pain.

60 minutes	\$130
75 minutes	\$155
90 minutes	\$165

Deep Tissue Massage

Targeted pressure, along with elbows and forearms are used to achieve results. Ideal for experienced massage clients who suffer from deep-seated tension.

60 minutes	\$150
75 minutes	\$175
90 minutes	\$185

**Full Service Spa Menu Available
at *The Spa Central Coast***

6105 El Camino Real, Atascadero

Please Visit www.thespacentralcoast.com

(Shuttle Service Upon Availability)

Appointments Available 7 Days a Week

Please Call (805) 464-0129

**or, kindly, dial the front desk at "0"
to be Transferred to The Spa**

